



GREY MATTERS

A Guide to Collaborative Research with Seniors

Nancy Marlett and Claudia Emes

ISBN 978-1-55238-536-4

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Who would have thought that I could do research! I went to grade seven as a kid and I conducted a focus group! Not only was it fun, I think my kids are proud of me and I am pretty pleased with myself too.

(MW, 2004)

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Nancy Marlett and Claudia Emes

With contributions from

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and

Seniors and the Resilience Pilot Project Research Team,
Calgary, Alberta

Sponsored by

the Canadian Institutes of Health Research (CIHR)
and the Kerby Centre of Excellence (KCE)



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University of Calgary Press
2500 University Drive NW
Calgary, Alberta
Canada T2N 1N4
www.uofcpress.com

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LIBRARY AND ARCHIVES CANADA CATALOGUING IN PUBLICATION

Marlett, Nancy J.

Grey matters [electronic resource] : a guide to collaborative research with seniors / by Nancy Marlett and Claudia Emes ; with contributions from Penny Jennett ... [et al.] ; and seniors and the Resilience Pilot Project Research Team.

Includes bibliographical references.

Type of computer file: Electronic monograph in PDF format.

Issued also in print format.

ISBN 978-1-55238-536-4

1. Research—Methodology. 2. Older people—Research—Canada. I. Emes, Claudia II. Jennett, Penny III. Title.

Q180.55.M4M37 2010

300'.72

C2010-906174-8

The University of Calgary Press acknowledges the support of the Alberta Foundation for the Arts for our publications. We acknowledge the financial support of the Government of Canada through the Canada Book Fund for our publishing activities. We acknowledge the financial support of the Canada Council for the Arts for our publishing program.

This book has been published with the support of the Kerby Centre, The Calgary Foundation, and the Canadian Institutes of Health Research (CIHR).



Canada Council
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FOUNDATION
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Printed and bound in Canada by Marquis Book Printing

This book is printed on FSC Silva Enviro paper

Cover photo: Authors Nancy Marlett (left), Claudia Emes

Cover and interior photos by Dave Brown

Cover design by Melina Cusano

Page design and typesetting by Melina Cusano



*Experience shared builds
togetherness and confidence.*

*Experience researched creates
knowledge and action.*

