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| This is a tutorial about plagiarism and citation.  |  |
| I’m going to use two screens. At bottom is my essay in a word processor, at top is a relevant article from the CINAHL database. |  |
| I have started my paper and am at the stage where I want to give a definition of gestational diabetes. |  |
| The top screen shows a very good paper written by Turok, Ratcliff and Baxley. When I page down in this paper, I see a short paragraph defining the condition. Let’s look at how we can use this paragraph. |  |
| The wrong way is to copy it, paste it into my paper and keep on writing. That is plagiarism. | SILENT. Copy, paste, then write some more text. |
| The second way is to cite the entire paragraph. Indent it, then put the proper citation at the end of the paragraph. That is not plagiarism, but it is not the best writing style. APA style favours paraphrasing. Here are a couple of definitions of paraphrasing. | Highlight, indent, insert citation.Insert paraphrase jpg. |
| Let’s delete the copied paragraph and rewrite it in my own words.  | Paste in the 2d text.  |
| You can see that I have cited sections of the paragraph, even though the words are not the same. There are many ways to paraphrase content from an article, this example is a simple one. As long as you cite your paraphrasing, you are following good APA style.  |  |