Endocarditis caused by an oral taxon species of *Bergeyella* identified by partial 16S rDNA sequencing: case report and review of the literature

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Bergeyella spp bacteremia is a rare cause of infective endocarditis and is typically associated with animal contact. This case report presents a case of culture-negative endocarditis caused by *Bergeyella* spp oral taxon 422 in a 49-year-old man with severe periodontal disease but no animal contact. Multiple sets of blood cultures were negative, but broad-range 16S rDNA polymerase chain reaction (PCR) amplification and sequencing repeatedly detected this organism in the patient's bloodstream. Empiric broad-spectrum antibiotic treatment against *Bergeyella* spp resulted in resolution of clinical symptoms, resolution of bloodstream infection, and cure. This is the first human case of endocarditis caused by an oral-associated species of *Bergeyella* described in the literature. Culture-negative endocarditis due to *Bergeyella* spp from severe periodontal disease may be missed unless molecular detection methods are used.

KEY WORDS: endocarditis; Bergeyella spp; periodontal disease; broad-range 16S PCR

La bactériémie causée par des espèces de *Bergeyella* est une rare cause d'endocardite infectieuse qui s'associe habituellement au contact avec des animaux. Le présent rapport de cas décrit une endocardite négative à la culture causée par le taxon oral 422 des espèces de *Bergeyella* chez un homme de 49 ans ayant une parodontopathie marquée, mais qui n'avait pas eu de contacts avec des animaux. De nombreuses analyses sanguines sont revenues négatives, mais l'amplification en chaîne par polymérase (PCR) et le séquencÇage de l'ADNr 16s à large spectre ont décelé cet organisme à répétition dans le sang du patient. Une antibiothérapie empirique à large spectre contre les espèces de *Bergeyella* a favorisé la résolution des symptômes cliniques et de l'infection sanguine et guéri le patient. Il s'agit du premier cas d'endocardite humaine causée par des espèces de *Bergeyella* d'origine buccale à être décrit dans une publication. On risque de passer à côté d'une endocardite négative en culture causée par des espèces de *Bergeyella* provenant d'une parodontopathie marquée, à moins de recourir à des techniques moléculaires de dépistage.

MOTS-CLÉS: endocardite, espèces de Bergeyella, parodontopathie, PCR 16S à large spectre

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CASE PRESENTATION

A 49-year-old Canadian man presented with a 2-month history of recurrent night sweats, palpitations, and chest pain to the Foothills Medical Centre in Calgary, Alberta. He had extensive dental caries with non-restorable tooth decay and severe posterior molar bone loss. Three years earlier, he had been diagnosed with native aortic valve endocarditis caused by *Streptococcus viridans* group and received 6 weeks of parenteral antibiotics (limited details



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are available because he was treated in another health care jurisdiction). His medical history was otherwise significant for congenital bicuspid aortic valve, cigarette smoking, and poor dentition. He gave no history of injection drug use. Hepatitis A, B, and C and HIV serology tests were negative.

The patient was afebrile on admission. Resting heart rate was 58 bpm, blood pressure was 114/59 mmHg, and oxygen saturation (SpO₂) was 94%-99% while breathing ambient air. A 2/6 systolic murmur was the only peripheral manifestation of endocarditis. White blood cell (WBC) count was not elevated at 6.2×10^9 /L (69% neutrophils). The patient had not recently received antibacterials. Despite several blood cultures (3 sets each consisting of an aerobic/anaerobic bottle pair), no pathogen was detected after 5 days of continuous incubation in a BacTAlert 3D system (bioMérieux) (see Figure 1). A transesophageal echocardiogram (TEE) revealed aortic and mitral valve vegetations along with severe aortic insufficiency. Empiric broad-spectrum antibiotic treatment with parenteral ceftriaxone (2 g every 24 hours and vancomycin 1 g every 12 hours (target trough of $15-20 \,\mu\text{g/mL}$) was immediately started.

The patient was assessed by the cardiovascular surgical team and advanced for semi-urgent operative management. Dentistry was consulted because of his severe periodontal disease, and 10 teeth were extracted on the day before cardiovascular surgery. Aortic valve reconstruction requiring a bovine pericardial patch and debridement of the anterior mitral valve leaflet vegetation were performed without intra-operative complications. Aortic valve tissue cultures were negative for both bacterial and fungal pathogens.

Once clinically stable after surgery, the patient was discharged home to receive a prolonged course of parenteral antibiotic therapy with the same empiric regimen. However, he returned to the hospital 4 days after discharge with new onset fatigue, subjective fevers, chills, and dizziness. He was hypotensive, with a systolic blood pressure of only 50 mmHg. He was afebrile, with no evidence of ongoing cardiac or focal infection, and WBC count was not elevated. A large pericardial effusion was demonstrated by transthoracic echocardiogram (TTE), and the patient was admitted to the coronary care unit for treatment of tamponade with secondary cardiogenic shock. Pericardiocentesis was performed to drain 600 mL of serosanguineous fluid. The fluid had a normal pH (1) and glucose (3.3 mmol/L). WBC count was also normal $(3.4 \times 10^9/L)$, with 33% neutrophils and 48% lymphocytes). Fluid cultures were negative for bacterial, fungal, and mycobacterial pathogens. Q fever serology, serum and pericardial fluid

polymerase chain reaction (PCR) for *Bartonella*, and repeat blood cultures were also negative. Repeat TTE the next day confirmed no re-collection of pericardial fluid. There was no change to the patient's antibiotic regimen because there was no evidence of ongoing infection. He was discharged 2 days later with complete resolution of his presenting symptoms and continued outpatient antibiotic therapy. He received a total of 6 weeks of ceftriaxone (2 g every 24 hours) and vancomycin (adjusted to 1 g every 24 hours), with regular monitoring of trough vancomycin levels (target of 15–20 μ g/mL).

Persistent night sweats began again 2 weeks after stopping parenteral antibiotics. Markers of inflammation, including WBC count (5.4 \times 10⁹/L), C-reactive protein (CRP) (1.4 mg/L), and erythrocyte sedimentation rate (ESR) (17 mm/h), were within normal limits. A repeat TEE showed no new changes to either heart valve. A computed tomography (CT) scan of the chest and a nuclear medicine bone scan focused on the pericardial aortic patch/valve were also unremarkable. Repeat blood cultures 1 month apart again failed to detect any organism. The patient was followed closely, but, given the absence of either echocardiographic or microbiologic evidence of relapsed/ recurrent infection, empiric antibiotic treatment was not initiated. His symptoms continued for 2 months despite persistently negative blood cultures. This prompted broadrange 16S PCR and sequencing on multiple prospectively and retrospectively collected blood samples. Molecular testing on multiple sequentially collected blood samples run on different days showed infection with Bergeyella spp, most closely related to oral taxon 422 (2). Broadspectrum antibiotic therapy was again started, including both of the drugs given during the previous course (ceftriaxone and vancomycin), plus daily high-dose gentamicin. Clinical symptoms quickly resolved on this regimen, which was continued for another 6-week course. Clinical cure was demonstrated by repeatedly negative broad-range 16S PCR tests on follow-up blood samples.

Laboratory methods

Multiple blood cultures were processed using the BacT/ Alert system. Each blood culture set included both an FA (aerobic) and an FN (anaerobic) bottle. Blood cultures that were negative after the routine 5-day incubation were extended for a total of 14 days. Blood was then subcultured to Columbia blood agar (BA), chocolate agar (CHOC), MacConkey agar (MAC), and Brucella blood agar (BBA) (Thermo Fisher Scientific-Oxoid, Nepean, ON) plates and incubated anaerobically at 35°C for 48 hours before examination. However, no growth occurred on

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Figure 1: Timeline of clinical history and microbiological results

PBC = peripheral blood culture; VT = valvular tissue; PFC = pericardial fluid culture; ng = no growth; TEE = transesophagealechocardiogram; CT = computed tomography; WBC = white blood cell.* Blood culture protocol includes both aerobic and anaerobic bottles.

Author (year)	Age/Sex	Comorbidities	Animal contact	Treatment
Noell et al (1989) (8)	80/F	Diabetes, bed sores	Cat	Cefotaxime
Montejo et al (2001) (1)	33/M	None	Dog bite	Amoxicillin, clavulanic acid
Kivinen et al (2003) (9)	77/F	Diabetes, steroid use	Cat	Cefuroxime
Beltran et al (2006) (10)	44/M	None	Ingestion of goat blood	Ciprofloxacin
Lin et al (2007) (11)	73/M	Cirrhosis, cancer	Dog	Cefazolin, gentamicin

Table 1: Reported cases of Bergeyella sp. bacteremia with animal contacts (1),(8-11)

BA, CHOC, MAC, or BBA plates, even with extended incubation under the same conditions for another 24 hours.

Blood samples from the patient, either an aliquot from previously collected blood culture bottles or drawn separately into an EDTA tube, were stored by the clinical laboratory at -80° C. Stored samples were sequentially tested using a laboratory-developed broad-range 16S PCR assay adapted from Bosshard et al (3). Briefly, DNA was extracted from blood culture bottle samples using PrepMan Ultra sample preparation reagent (Life Technologies, Inc, Thermo Fisher Scientific, Burlington, ON) or from whole blood EDTA using the QIAmp DNA Mini Kit Blood and Body Fluid protocol (Qiagen Inc, Germantown, MD). Broad-range 16S PCR was performed with primers BAK-11w and BAK-2, where M = A/C and H = A/C/T according to the conditions described previously (3). Bands were gel-purified with QIAQuick Gel Extraction Kit (Qiagen Inc, Germantown, MD) and re-amplified with BAK-11w and BAK-533r (5'-TTA CCG CGG CTG CTG GCAC-3') for 30 cycles. Amplification was confirmed by gel electrophoresis and semi-nested PCR product purified by QIAQuick PCR Purification Kit (Qiagen) or Exo-SAP-it (Thermo Fisher Scientific-Affymetrix Inc, Santa Clara, CA).

The amplicons were further purified with the Big Dye Xterminator Purification Kit (Life Technologies) and were sequenced on the ABI Prism 3130xl genetic analyzer (Thermo Fisher Scientific—Applied Biosystems Inc, Foster City, CA). A BLAST search against the IDNS Bacteria database (SmartGene IDNS, Lausanne, Switzerland) gave an identity score (99.8%) for *Bergeyella* spp oral taxon 422 in four sequentially collected blood samples.

Phylogenetic analysis

A total of 18 partial 16S rDNA sequences were analyzed: peripheral blood culture sample #6 (PBC-6), 3 sequences amplified from whole EDTA blood (Blood-1, Blood-2, and Blood-3), and 14 publicly available sequences of *Bergeyella* spp and *Prevotella buccalis* ATCC 35310 (4).

Multiple sequence alignment was performed with MUSCLE version 3.8.31 (5), then inspected and trimmed with AliView version 1.15 (6). A maximum likelihood tree was inferred with FastTree version 2.1.4, with a distribution of 1,000 resampled trees under the generalized time-reversible (GTR) model of evolution and the Shimodaira–Hasegawa test to calculate local support values (7).

DIAGNOSIS

Our patient had culture-negative endocarditis caused by *Bergeyella* spp. A BLAST search of the approximately 500-base-pair 16S sequence amplified from multiple blood samples against the SmartGene IDNS Bacteria database indicated that the most closely related species was *Bergeyella* spp oral taxon 422, and the overall identity score was 99.8%. Phylogenetic analysis also confirmed that our blood culture isolates were identical to each other (1 SNP) and most closely related to the previously reported *Bergeyella* spp oral taxon 422 16S rDNA sequence (see Figure 2).

As Table 1 shows, cases of *Bergeyella* spp bacteremia in the literature are rare. Of the five cases of *B. zoohelcum* bacteremia reported to date, all five patients had a history of an animal bite or prolonged animal contact (1),(8-11).

Patients in other cases of *Bergeyella* spp identified in rare cases of cellulitis and tenosynovitis (12,13) also had significant animal contact. In fact, only three cases documented in the literature do not specify a history of animal contact. Han et al identified *Bergeyella* spp in the amniotic fluid of a woman who gave birth to a premature infant; the same species had been identified through PCR 16s rDNA testing in her oral cavity, with unknown significance (14). Sohn et al (15) recently described two cases of infective endocarditis caused by novel *Bergeyella* spp which were initially misidentified as *Brevundimonas* spp. All of these cases suggest that *Bergeyella* species can be opportunistic pathogens for which treatment should be pursued in an attempt to avoid bacteremia and potential endocarditis.



Figure 2: Bergeyella spp. phylogenetic tree

DISCUSSION

This is the first report of an oral taxon species of *Bergeyella* bacteremia causing endocarditis in a patient with severe periodontal infection and no prior animal contact. This case demonstrates that broad-range 16S rDNA sequencing is a powerful tool for detection and definitive molecular identification of important fastidious or non-cultivatable clinical isolates (16). Within the *Bergeyella* genus, there have now been multiple species assigned, most commonly *Bergeyella zoohelcum*, an organism most commonly identified as part of the normal oral flora of domesticated animals (17).

Although our patient did not give a clear history of animal contact, it should be noted that he had severe periodontal disease and underwent extensive oral surgery before his initial valve operation. The repeated isolation of this organism, along with correlating clinical symptoms, provides convincing data of an oral source in our particular case. Transient bacteremia following dental extraction may be more common than previously thought (18), and may not always reliably indicate a causative pathogen of an infectious disease syndrome. It is likely that our patient was colonized with *Bergeyella* spp oral taxon 422 and that, in conjunction with manipulation of his oral cavity through dental or routine oral hygiene practices, it led to a persistent bacteremia and subsequent endocarditis. Although the exact timing of infection cannot be determined, valve seeding most likely occurred sometime before his initial symptomatic presentation and/or during his dental procedure. Persistent infective endocarditis that involves biofilm on prosthetic material has a higher rate of relapse/recurrence. A large prognostic study of infective endocarditis in 420 patients showed that the risks of relapse (3.3%) and recurrence (11.4%) are significant, particularly for male patients and increased age (19). In that study, patients with prosthetic valve endocarditis also had a higher risk of relapse or recurrence requiring valve replacement. Given the age and sex of our patient and the presence of not only a prosthetic valve but also a large prosthetic aortic graft, therefore, it is not surprising that he returned with a relapse/recurrence of his symptoms despite an adequate course of initial antibiotic therapy.

Bergeyella spp may be difficult to detect using traditional culture methods (ie, it is non-cultivatable in blood culture bottle media or on routine nutrient media); in this case, it was detected only by 16s rDNA amplification and sequencing, after considerable delay. If *Bergeyella* infection is suspected, then hydroxybutyrate agar (20,21) and heart infusion medium containing 5% rabbit blood may be used to try to improve *Bergeyella* and *Weeksella* cultivation (21,22).

Because our isolate was not cultivatable on standard bacterial media, data on antibiotic susceptibility were not available. However, *Bergeyella* spp have previously been reported to be susceptible to β -lactam antibiotics, chloramphenicol, gentamicin, and fluoroquinolones and to vary in susceptibility to trimethoprim-sulfamethoxazole and tetracycline (22,23). Our review of the literature indicates that initial treatment with β -lactam antibiotics is a popular first-line choice (see Table 1).

In this case, we initially chose ceftriaxone and vancomycin for coverage against *Staphylococcus aureus*, viridans group streptococci, HACEK (*Haemophilus* spp, *Aggregatibacter* spp, *Cardiobacterium hominis*, *Eikenella corrodens*, and *Kingella* spp) organisms, and enterococci, in accordance with the 2015 American Heart Association guidelines on treatment of sub-acute culture-negative native valve endocarditis (24). By the time our patient suffered a relapse/ recurrence of symptoms, we had proof of *Bergeyella* spp bacteremia; we therefore added gentamicin for additional therapeutic coverage against this gram-negative aerobic bacillus. A fluoroquinolone was not used because of heightened concern about prolonging the QT interval due to the potential interaction with the patient's cardiac drugs (25). Management strategies for relapsed infective endocarditis are not included in the AHA/IDSA treatment guidelines, beyond re-testing the susceptibilities of isolated causative pathogens, which was not possible in our situation.

There are no current guidelines on first-line antibiotic treatment in the context of previous Bergeyella spp infections. There has been limited research into the prevalence of Bergeyella spp in human oral cavities, but published data from Han et al (14) would suggest that Bergeyella is more prevalent than previously known. Is it possible that the association between dental disease and endocarditis is underreported because of less sensitive testing methods for previously unrecognized or difficult to detect organisms? In future cases of endocarditis, it may be useful to collect gingival swabs for molecular microbial community analysis to determine whether the causative organism is present as part of the patient's normal oral flora. In addition, we should try to culture Bergeyella from blood samples identified by molecular testing, in order to perform antibiotic susceptibility testing. More detailed information is needed about the usual susceptibility profile of this organism before evidence-based changes can be made to the current treatment guidelines to ensure coverage for Bergeyella.

In this case, the diagnosis was made because there was a high degree of clinical suspicion of ongoing infection, given the patient's persistent clinical symptoms. The ability to store and analyze previously drawn samples was what enabled us to make the diagnosis, and this should be emphasized to others dealing with persistent infective endocarditis symptoms in a patient with negative traditional blood culture results.

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