



FIRST EPISODE PSYCHOSIS SERVICES FIDELITY SCALE AND MANUAL

by Donald E. Addington

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With the First Episode Psychosis Fidelity Scale and Manual, Don Addington has provided a comprehensive and practical guide to an essential tool for evaluating first episode psychosis services. This state-of-the-art manual will be indispensable; Addington has thought of every detail needed to assess the fidelity of first episode psychosis services.

—HOWARD GOLDMAN, Professor of Psychiatry, University of Maryland

This manual is an outstanding volume. It is clear and well written, both practical and conceptual, providing a rationale for the criteria and detailed information about how to measure each item. This will move the field forward and offer a common vocabulary.

—LISA DIXON, Edna L. Edison Professor of Psychiatry, New York State Psychiatric Institute

One of the tragedies of mental illness is that a wide range of effective treatments have been developed but only a minority of patients truly benefit from their efficient delivery. Early psychosis fidelity tools provide a model for what should be in place in all mental health services, and this volume is a blueprint of how to implement this process.

—PATRICK MCGORRY, Professor of Youth Mental Health, University of Melbourne

The First Episode Psychosis Services Fidelity Scale (FEPS-FS 1.0) is a highly reliable scale that assesses the degree to which mental health teams deliver specialized evidence-based care to people experiencing a first episode psychosis. The scale comprises 35 components each rated on a 1 to 5 scale.

The Manual provides a practical guide for scoring a FEPS program against the criteria set out in the fidelity scale. It is designed to increase the reliability and consistency of ratings across different sites and assessors. It includes a definition and rationale for each component, data sources, decision rules, and practical guides for proper implementation of the Fidelity Scale.

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