Conferences

Conference on Postsecondary Learning and Teaching

2019-04-30

Reflective Practice – A Model for how best to implement it?

deBraga, Michael

deBraga, M., Sonne de Torrens, H., & Evans-Tokaryk, T. (2019). Reflective Practice – A Model for how best to implement it?. Presented at the Conference on Postsecondary Learning and Teaching: Exploring Experiential Learning, University of Calgary, Calgary, AB. http://hdl.handle.net/1880/110348 Downloaded from PRISM Repository, University of Calgary

Final Survey on Use of Reflection

Where necessary, use the Likert scale from 1 to 7 where <u>1 represents least helpful/likely</u> and <u>7 represents most helpful/likely</u>. Where a Likert scale does not apply, select (e.g., circle) the most appropriate choice.

1- How important would you rate the role of reflection in this course?

1	2	3	4	5	6	7

2- Rank the statements below by assigning a number to the box to the left of the statement. Rank in order from 1 (most important) to 4 (least important) with respect to achieving success in this course.



In preparing for my internship, I make certain that I set time aside for completing daily reflections.



On any given day, I make an effort to reflect regardless of whether I have attended my placement that day or not.



I spend more time on my reflections when responding to negative/challenging feedback.



I regularly refer to previous reflections when completing later reflections.

3- I found the reflection workshop at the start of the course helpful in preparing my internship and course reflections.



4- I have changed my use of reflection after experiencing reflective practice in this course/internship.



5- I have started using some form of reflection in all aspects of my regular daily routines, not just school or work-related applications.



6- The reflections required for this course/internship have improved my ability to stay on task (i.e., I have found them useful to keep me on top of course/internship tasks).

| \bigcirc |
|------------|------------|------------|------------|------------|------------|------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |

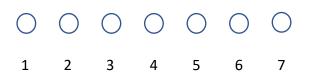
7- I have found that my internship role/function benefited from my use of reflection.

| \bigcirc |
|------------|------------|------------|------------|------------|------------|------------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |

8- In ranking my responsibilities toward my course/internship, I would rank reflection low (1) or extremely high (7).



9- I consider reflection to be a valuable exercise when planning my course work. In other words, I consider previous performance and adjust my approach when attempting new assignments/tests, etc.



10- In my experience, reflection has been essential for my ability to improve on previous performance.

