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# Reflective Practice – A Model for how best to implement it?

deBraga, Michael

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### Final Survey on Use of Reflection

Where necessary, use the Likert scale from 1 to 7 where **1 represents least helpful/likely** and **7 represents most helpful/likely**. Where a Likert scale does not apply, select (e.g., circle) the most appropriate choice.

- 1- How important would you rate the role of reflection in this course?

☐ ☐ ☐ ☐ ☐ ☐ ☐

1      2      3      4      5      6      7

- 2- Rank the statements below by assigning a number to the box to the left of the statement. Rank in order from 1 (most important) to 4 (least important) with respect to achieving success in this course.

☐

In preparing for my internship, I make certain that I set time aside for completing daily reflections.

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On any given day, I make an effort to reflect regardless of whether I have attended my placement that day or not.

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I spend more time on my reflections when responding to negative/challenging feedback.

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I regularly refer to previous reflections when completing later reflections.

- 3- I found the reflection workshop at the start of the course helpful in preparing my internship and course reflections.

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1      2      3      4      5      6      7

- 4- I have changed my use of reflection after experiencing reflective practice in this course/internship.

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1      2      3      4      5      6      7

- 5- I have started using some form of reflection in all aspects of my regular daily routines, not just school or work-related applications.

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1      2      3      4      5      6      7

- 6- The reflections required for this course/internship have improved my ability to stay on task (i.e., I have found them useful to keep me on top of course/internship tasks).

☐ ☐ ☐ ☐ ☐ ☐ ☐

1      2      3      4      5      6      7

- 7- I have found that my internship role/function benefited from my use of reflection.

☐ ☐ ☐ ☐ ☐ ☐ ☐

1      2      3      4      5      6      7

- 8- In ranking my responsibilities toward my course/internship, I would rank reflection low (1) or extremely high (7).

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1      2      3      4      5      6      7

- 9- I consider reflection to be a valuable exercise when planning my course work. In other words, I consider previous performance and adjust my approach when attempting new assignments/tests, etc.

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1      2      3      4      5      6      7

- 10- In my experience, reflection has been essential for my ability to improve on previous performance.

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1      2      3      4      5      6      7