

SCIENCE & TECHNOLOGY

Warren, William (text) & Luca Invernizzi Tettoni (photogs.) **The Tropical Garden.**

Thames & Hudson, dist. by Norton.
1991. 224p. permanent paper. photogs.
bibliog. index. LC 91-65317. ISBN 0-500-01512-0. \$55. GARDENING

Oversized and lavishly illustrated with 365 color photos, this book opens with an essay tracing the historical interest in tropical plants and in conservatories and glass houses. Royal and religious, private and public tropical gardens are discussed. A chapter on "Contemporary Gardens" profiles 14 gardens in Hawaii, Thailand, Malaysia, Indonesia, Mauritius, and Sri Lanka. A chapter on garden features shows walks, statuary, lighting, and pools; a chapter on tropical plants gives botanical and common names plus color photos for approximately 100 plants. Not a guide to gardening like Myles Challis's *The Exotic Garden* (Trafalgar Square, 1989), this title is for special collections.—*Laura Lipton, Miller Horticulture Lib., Seattle*

Health & Medicine

AIDS: The Making of A Chronic Disease.

Univ. of California Pr. Feb. 1992.
c.417p. permanent paper. ed. by Elizabeth Fee & Daniel M. Fox. illus. index.
ISBN 0-520-07569-2. \$45; pap. ISBN 0-520-07778-4. \$15. MED

This follow-up to *AIDS: The Burdens of History* (Univ. of California Pr., 1988) includes contributions by 23 representatives of diverse fields and professions who use historiography to demonstrate a change in the perception of AIDS from a classic plague to a chronic infection. The 15 scholarly essays are arranged into four sections: scientific and public efforts to present and represent HIV and AIDS; political, legal, and ethical aspects of contemporary AIDS policies; affected populations (gay men and IV drug users); and perspectives on the social and scientific construction of AIDS in the United Kingdom, Japan, Africa, and the Third World. For larger public and academic medical collections.—*James E. Van Buskirk, San Francisco P.L.*

Carpineto, Jane F.

R.N.: The Commitment, the Heartache & the Courage of Three Dedicated Nurses.

Thomas Dunne Bk. St. Martin's. Feb. 1992. c.208p. ISBN 0-312-07095-0. \$18.95. MED

The caring and professionalism shared by three nurses—a manager, a newcomer, and an experienced nurse—are the focus of Carpineto's book. While the concept is commendable, the execution is uneven and disappointing. Written in present tense, *R.N.* at times reads like a cross between Sue Barton and the Cosmo girl, as in, "Dominique is highly selective about her men. They have to meet her standards of comportment and share at least some of her desire to make the world a better place." Authentic insights into nursing

practice are woven throughout, but readers looking for an answer to, "what is it like to be a nurse today?" are better served by Echo Heron's *Intensive Care: The Story of a Nurse* (Atheneum, 1987). Not recommended.—*Anne C. Tomlin, Auburn Memorial Hosp. Lib., N.Y.*

Eades, Mary Dan, M.D. **Arthritis:**

Reducing Your Risk.

bibliog. LC 91-18159. ISBN 0-553-35478-7.

Hummel, Sherilynn J., M.D. with Marie Lindquist. **Ovarian and Uterine Cancer: Reducing Your Risk.**

LC 91-3527. ISBN 0-553-35425-6.

ea. vol: Bantam. (If It Runs in Your Family). Jan. 1992. c.192p. index. pap. \$9. MED

These are additional volumes in a series covering diseases in which there is, or seems to be, a genetic risk factor. The first two volumes were Eades's *Breast Cancer: Reducing Your Risk* and Charles Klieman and Kevin Osborn's *Heart Disease: Reducing Your Risk* (both LJ 3/15/91). While nothing very new is presented in the discussion of the diagnosis, treatment, and prognosis of these diseases, the analysis of family history to determine the likelihood of contracting arthritis or ovarian and uterine cancer receives more emphasis than in other health guides. Based on this analysis, readers are urged to seek medical advice early and to avoid additional risk factors that might trigger the onset of the disease. Aimed at a lay audience and avoiding medical jargon, these books, like the others in the series, are more suited to doctors' offices and similar locations than to library collections, though they might be useful additions to consumer health information shelves.—*Eleanor Maass, Maass Assocs., New Milford, Pa.*

Gebo, Sue. **What's Left To Eat?**

McGraw. Mar. 1992. c.294p. illus. index. ISBN 0-07-023476-0. \$24.95; pap. ISBN 0-07-023534-1. \$12.95. HEALTH

Part of this book is a detailed analysis of food research, which the author believes has led to unwarranted hysteria over food safety. Gebo correctly notes that most of the studies have used megadoses of test substances on animals and scientists are now saying that the megadoses itself, rather than the substance, produces harmful results such as cancer. Michael P. Jacobson & others' *Safe Food* (LJ 7/91) offers much of this same material, such as selecting, handling, and preparing safe and healthy food, and details information on natural toxins in food and pesticides. *What's Left To Eat?* covers the problems of cholesterol and heart disease, salt and hypertension, fiber and cancer, and calories and your weight, most of which is available in other popular medical books. Recipes are given, but none that are really new. References are current and well researched. An optional purchase for large popular nutritional collections. (Index not

seen.)—*Lorraine F. Sweetland, Rebok Memorial Lib., Silver Spring, Md.*

Hess, Mary Abbott & Anne Elise Hunt. **Eating for Two: The Complete Guide to Nutrition During Pregnancy.**

Collier: Macmillan. Feb. 1992. c.256p. bibliog. index. ISBN 0-02-065441-3. \$12.95. HEALTH

In this updated and revised edition of the out-of-print *Pickles and Ice Cream* (1982), the authors provide a thorough review of current research findings on prenatal nutrition. They include "quick quizzes" to assess nutritional knowledge; Recommended Daily Allowance tables and charts; and a useful chapter on the dangers of food additives, caffeine, and alcohol. While this book is for general readers as well as health-care professionals, it unfortunately tends to read like a textbook. Another pregnancy nutrition guide that is easier and much more fun to read while providing medical accuracy is *What To Eat When You're Expecting* by best-selling authors Arlene Eisenberg, Heidi Murkoff, and Sandee Hathaway (LJ 11/15/86). An optional purchase.—*Angela Washington-Blair, Brookhaven Coll. Learning Resource Ctr., Farmers Branch, Tex.*

Kowalski, Robert E.

8 Steps to a Healthy Heart.

Warner. Jan. 1992. c.448p. ISBN 0-446-51664-3. \$21.95. MED

Targeting readers diagnosed with heart disease, Kowalski (*The 8-Week Cholesterol Cure*, HarperCollins, 1989, rev. ed.), who himself underwent two bypass surgeries, presents a comprehensive program covering those lifestyle and emotional changes needed for recovery and future optimum health. He is strongest in addressing the often-overlooked emotional aspects of heart disease, and he covers sexual issues in a sensitive manner. He also addresses the special concerns of women, and he stresses the importance of positive thinking and the responsibility of patients for their own health. So much material is covered, however, that some areas suffer from a superficial treatment. A stronger emphasis could have been placed on the need to use professional help, particularly for tailoring Kowalski's program to each individual. This book is for the more knowledgeable patient who has already absorbed basic information. Recommended as a supplement to other texts on heart disease.—*Janet M. Schneider, James A. Haley Veterans Hosp. Lib., Tampa, Fla.*

★Lindorff, Dave. **Marketplace Medicine: The Rise of the For-Profit Hospital Chains.**

Bantam. Jan. 1992. c.320p. bibliog. index. LC 91-23353. ISBN 0-553-07552-7. \$22.50. MED

Since the 1970s, privatized hospitals as the fastest growing profit industry have outpaced even the computer industry. Yet, by 1991 over 30 million Americans are uninsured and liable for shockingly inflated

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costs. Journalist Lindorff examines this phenomenon and looks at the changing physician/patient/hospital contracts as well as the impact on poor and middle-class healthcare consumers. His book clearly doesn't support privatization. The tradeoff for profit has been America's 21st place showing in UNICEF's infant mortality rate and first place for the highest cost. But the industry is still Wall Street news when a chief executive can earn \$18 million in a year while keeping costs down through understaffing and selective screening of patients' pocketbooks. Cynical and irreverent, Lindorff's book is also timely. Highly recommended.—*Mary Hemmings, Univ. of Calgary Law Lib., Alberta*

Mindell, Earl. **Earl Mindell's Herb Bible.**

Fireside: S. & S. Mar. 1992. c.283p. bibliog. index. ISBN 0-671-76113-7. \$25; pap. ISBN 0-671-76122-6. \$13. HEALTH
The popular *Earl Mindell's Vitamin Bible* (Warner, 1989, rev. ed.) has a sequel: the *Herb Bible*. This handy reference covers more than 100 common and useful herbs, giving preparation and dosage, benefits, and cautions. Mindell, a pharmacist and professor of nutrition, includes some background on the use of medicinal herbs in several cultures, plus chapters on preventative medicine, cosmetic use, and aromatherapy. This is a good, well-rounded introductory work on treating simple ailments. Mindell also includes plenty of cautions, explains what herbal remedies can reasonably be expected to accomplish, and recommends consulting a physician for serious conditions. If you already have a good general work such as Michael Castleman's *The Healing Herbs* (Rodale Pr., 1991), you might not need Mindell's book. Just don't confuse Mindell's book with John Lust and Michael Tierra's *The Natural Remedy Bible* (S. & S., 1990)—their focus is very different from the rational herbalism promoted by Mindell.—*Katharine Galloway Garstka, Intergraph Corp., Huntsville, Ala.*

Valins, Linda. **When a Woman's Body Says No to Sex: Understanding and Overcoming Vaginismus.**

Viking. Feb. 1992. c.290p. bibliog. index. ISBN 0-670-84355-5. \$22; pap. Penguin. ISBN 0-14-014908-2. \$10.

MED

In her description of vaginismus, a spasm of the vaginal muscles that prevents penetration, Valins relies heavily on her personal struggle with this poorly understood condition. She also draws on the professional literature, interviews, and/or correspondence with experts, and personal accounts from other vaginismus sufferers. Valins outlines the multitude of causes, the types of therapy available, and the difficulties a patient may experience in seeking help. Valins's openness and honesty about her own experience provides reassurance to the woman with vaginismus while making the condition understandable to other in-

terested readers. The book provides a valuable list of organizations, practitioners, and other resources available to women who think they may suffer from vaginismus. The lack of consumer-oriented material on this subject makes this book a "must have" for any library seeking a comprehensive women's health collection.—*Kelly Jo Houtz Parish, Univ. of Missouri-Kansas City Sch. of Medicine Lib.*

Home Economics

Clarke, Oz.

Oz Clarke's New Classic Wines.

S. & S. 1991. 272p. photogs. index. ISBN 0-671-69620-3. \$30. BEVERAGES
While honoring the classic traditions in wine making, classifications, etc., Clarke proposes that somewhat younger wineries representing excellence and innovation be recognized as new classics. After reviewing the great wines of Europe and contemporary wine-making components (soil, climate, procedures), he profiles 23 U.S., 24 Australian, eight New Zealand, and 15 European wineries and wine makers. His proponenty of Australian wines gives them overdue, well-deserved recognition. While his selections are opinionated, Clarke is an inspired wine reviewer enthusiast. The abundant photos are truly beautiful, but the maps are not always helpful. Much of the information is available elsewhere though perhaps not in such an attractive format. Fans of Clarke's zesty writing and stylish, light-hearted approach will be interested. Otherwise, this is an optional purchase for all but extensive enology collections.—*Carolyn Alexander, Technical Information Ctr., Ft. Hunter Liggett, Cal.*

Flusser, Marilise (text) & Steve Moore (photogs.). **Party Shoes to School and Baseball Caps to Bed: The Parents' Survival Guide to Understanding Kids Clothes and Indecence.**

Fireside: S. & S. Feb. 1992. c.260p. index. ISBN 0-671-74722-3. pap. \$12.

CHILD REARING

Flusser, a fashion coordinator at Saks Fifth Avenue, answers every question one might have regarding children's clothes. She explains the psychology of style, lists what-to-wear-when from infants to teens, and offers shopping tips, storage and cleaning information, and even hints on bridging the gap between conservative grandparents and funky kids. She includes it all—closet design, storing hand-me-downs, choosing the right diaper bag or mittens. However, will jams, bubble pants, oversize tops, and crop tops remain in style long enough to keep this up to date? This reviewer's guess is that most parents, burdened by economic hard times, are not worried about the cut of a party dress sleeve or the design of a dance leotard. For libraries serving the fashion industry or yuppie-inclined only.—*Linda Beck, Indian Valley P.L., Telford, Pa.*

Management Practices

Drucker, Peter F. **Managing for the Future: The 1990s and Beyond.**

Truman Talley Bks: Dutton. Mar. 1992. c.384p. index. ISBN 0-525-93414-6. \$23. MGT
Noted management guru Drucker (*The Frontiers of Management*, LJ 10/1/86) wrote the 40 chapters of this book over a five-year period; some have been previously published. Arranging his essays under four broad headings—Economics, People, Management, The Organization—Drucker's goal is to explain to busy executives the rapidly changing world in which they are working. Each chapter is "designed from the beginning to simulate action—identify new opportunities; to point out areas where changes—in process and product, policies, markets, and structure—might be needed." An interesting view of the future by one of the most widely read business writers. Recommended for all business collections. [Previewed in Prepub Alert, LJ 11/1/91.]—*Michael D. Kathman, St. John's Univ. Lib., Collegeville, Minn.*

Kroeger, Otto with Janet M. Thuesen. **Type Talk at Work.**

Tilden Pr: Delacorte. Jan. 1992. c.352p. ISBN 0-385-30174-X. \$20. MGT
The authors have followed up their *Type Talk* (Delacorte, 1988), an introduction to the study of personality types, with this handy explanation of how we can better understand personalities in the workplace. Based on C.G. Jung's classic 1923 *Psychological Types* and the famous Myers-Briggs Type Indicator (MBTI), this useful work makes common sense out of a complex idea, and the pragmatic workplace meaning of "typewatching" should strongly appeal to managers and human resource professionals. The 16 types are explained and are then related to real workplace issues such as problem solving, managing time, setting goals, managing stress, and other understandable applications in business. Millions of people have completed Myers-Briggs, and now we have a very accessible application in business of this fascinating field of study. Recommended for all libraries. [Previewed in Prepub Alert, LJ 9/1/91.]—*Dale Farris, Groves, Tex.*

Sciences

Budiansky, Stephen. **The Covenant of the Wild: Why Animals Chose Domestication.**

Morrow. Feb. 1992. c.192p. illus. index. ISBN 0-688-09610-7. \$18.

NAT HIST

Budiansky, a well-known science writer, presents a new perspective on the animal rights debate. He counters the arguments of the animal activists with his theory that domestication of animals is a function of evolution rather than an invention of hu-