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Coaches Corner: Strategies for a Successful Peer Academic Coaching Program

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Coaches Corner:

Strategies for a Successful Peer Academic Coaching Program

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Outline

- UBC context
- Staff training & development
- Framework & implementation
- Assessment
- Challenges & successes



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UBC Snapshot

- One university, two campuses
- Large, research-intensive (48,722 students)
- Full range of academic programs
- 8,500 residence beds
- 60% undergraduate, 40% graduate
- 17% international students
- Large, isolated campus
- 80% commuter students

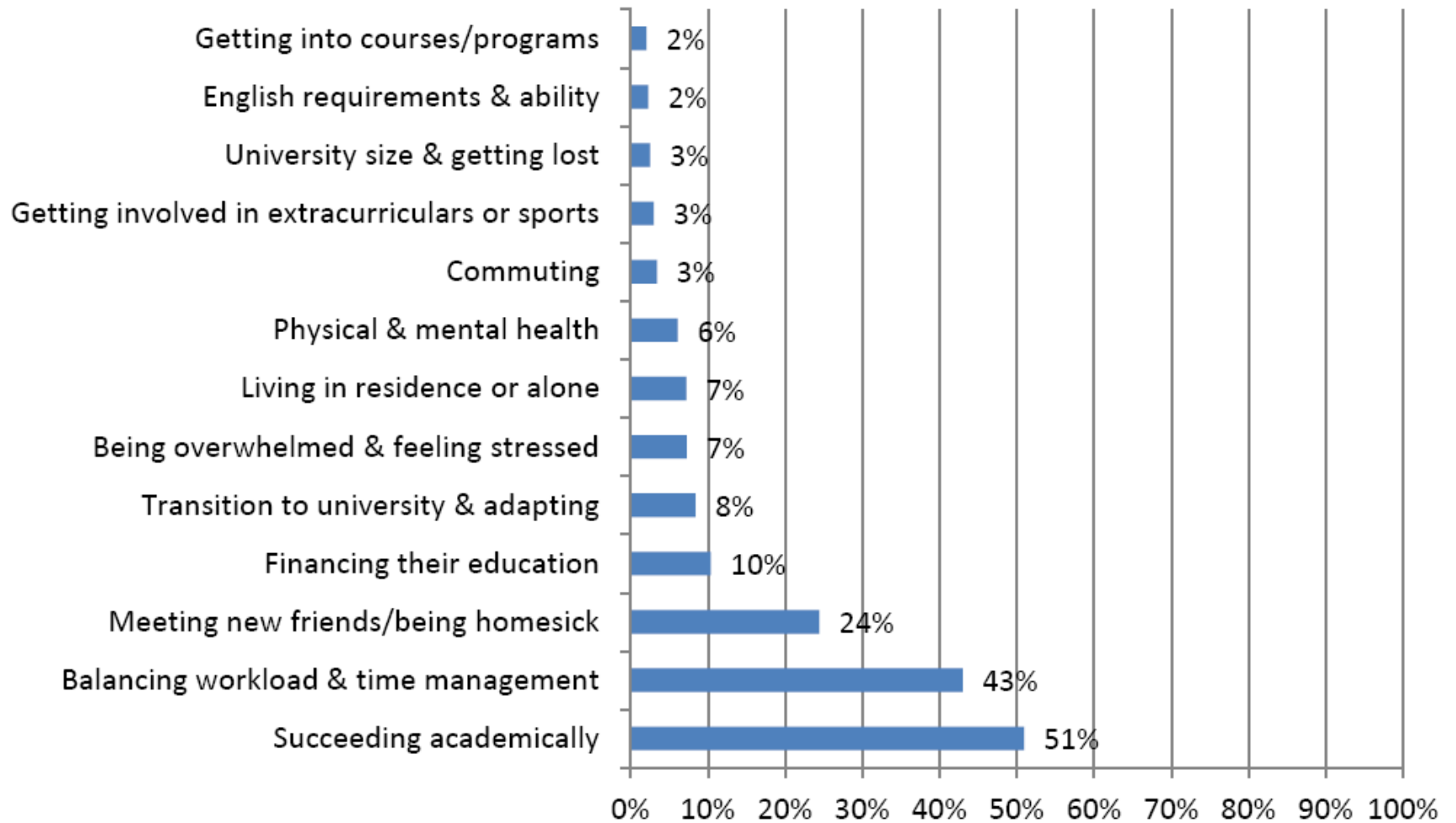


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UBCV: Most worrisome things



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UBC Peer Programs

- Network of student groups emphasizing peer to peer model
- Started in 2007
- 12 programs, 300 students
- Collaborative training model
- Includes three peer academic coaching programs



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What is academic coaching?

- A form of peer to peer support/mentoring
- Emphasis on skills for academic success
- Assess and reflect on study habits, study skills, or external factors affecting academic performance
- Identify and overcome barriers to academic success



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Coaches Corner Background

- Attendance at Student Success workshops dwindling
- Student feedback emphasized need for one to one, individualized support

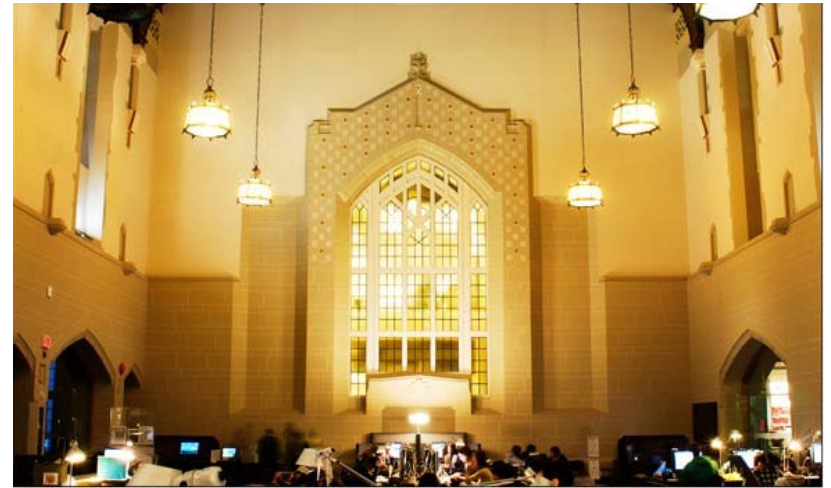


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Coaches Corner Background

- Shift in service model at Chapman Learning Commons help desk
- Decision to hire volunteer team of coaches for CLC
- Other coaching programs invited to join



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Coaches Corner Background

- Partnership & collaboration
 - SPAC
 - IPP
 - PAC
- Broad network
- Shared interests

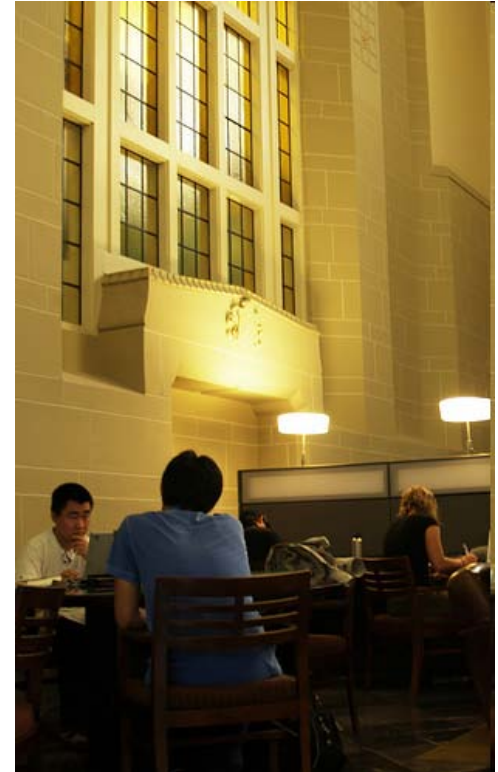


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How does coaching work?

- Free, drop-in service
- Conversation
- Brainstorming
- Action Plan
- Follow-up

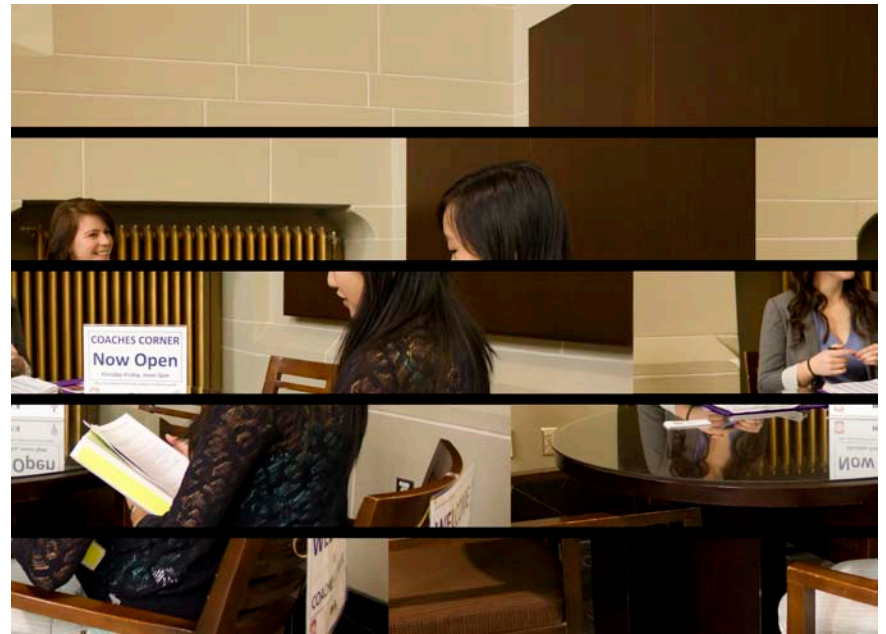


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Action Plan

Academic Success Action Plan					
GOAL (List three goals that you would like to achieve this term)	ACTION PLAN (WHAT actions/steps will you take to meet your goals and what is your timeline? What will be your be your first step	RESOURCES & SUPPORTS (WHO & WHAT will help you get there?)	OBSTACLES (WHO & WHAT might stand in the way of achieving your goals?)	EVALUATION (HOW will you know if your action is working?)	INCENTIVE (How will you reward yourself for accomplishing your goal?)
1.					
2.					
3.					



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Tracking

Coach (Name and Program)	Coach (Date & Time of Shift)	Coachee Faculty & Academic Year	Commuter Student (Y/N)	International = I Exchange = E	Conversation Topic	Referred Coachee to:	How did Coachee hear about Coaches Corner?



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Staff Training & Development

- Summer communication
- Coordinated Training with Peer Programs
- Bi-weekly meetings
- Winter Revival (January)
- Assessment

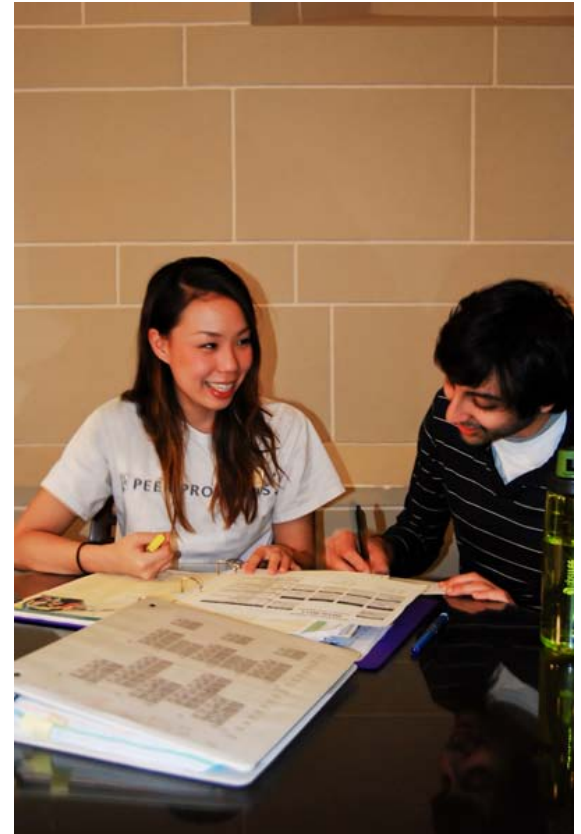


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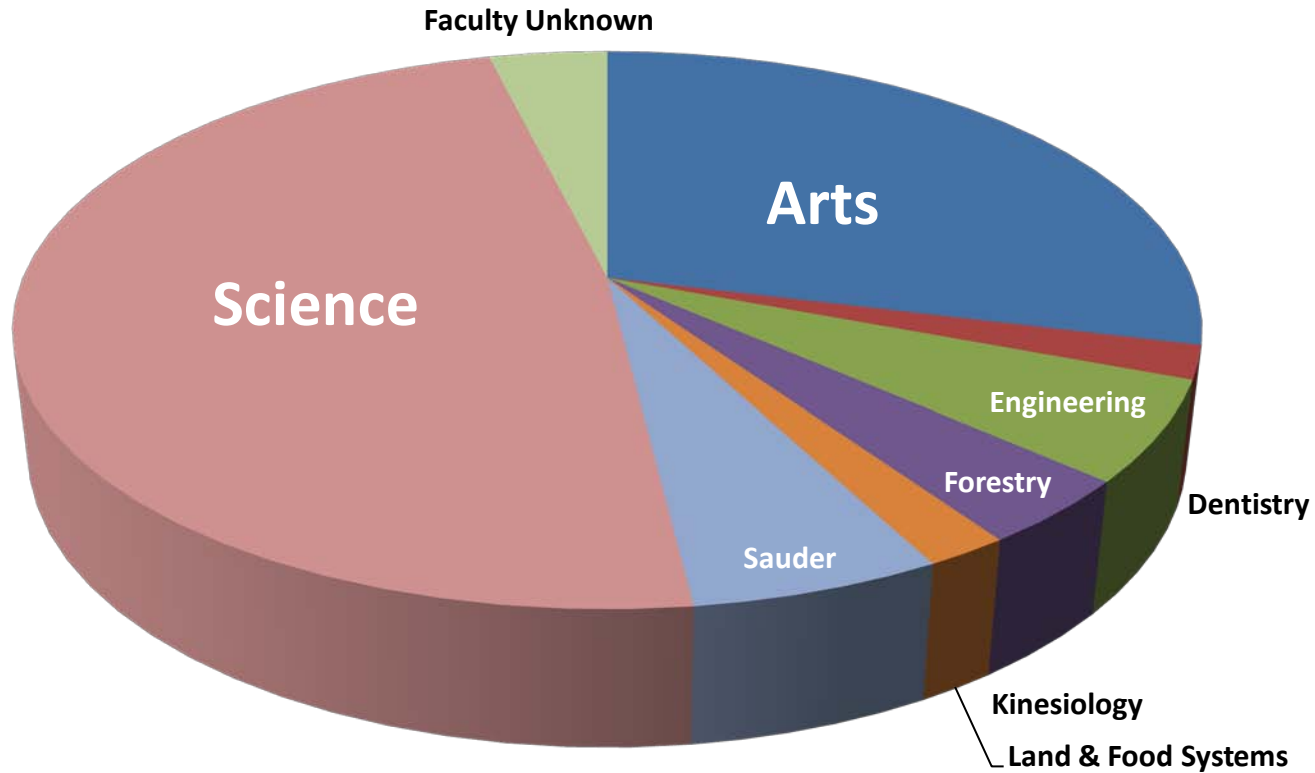
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Assessment

Coachees by Faculty



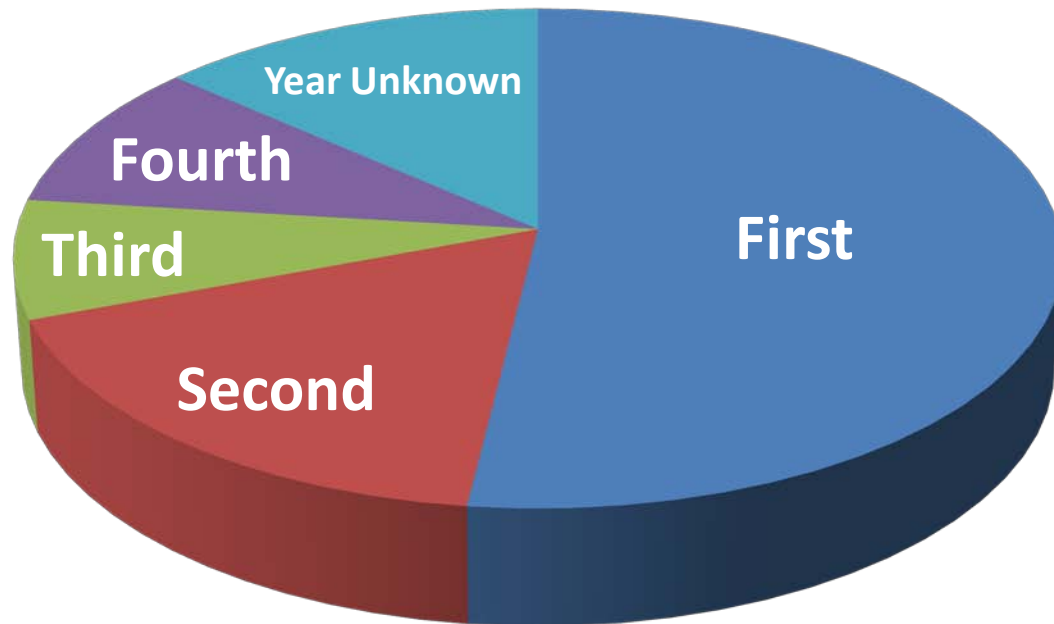
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Assessment

Coachees by Academic Year



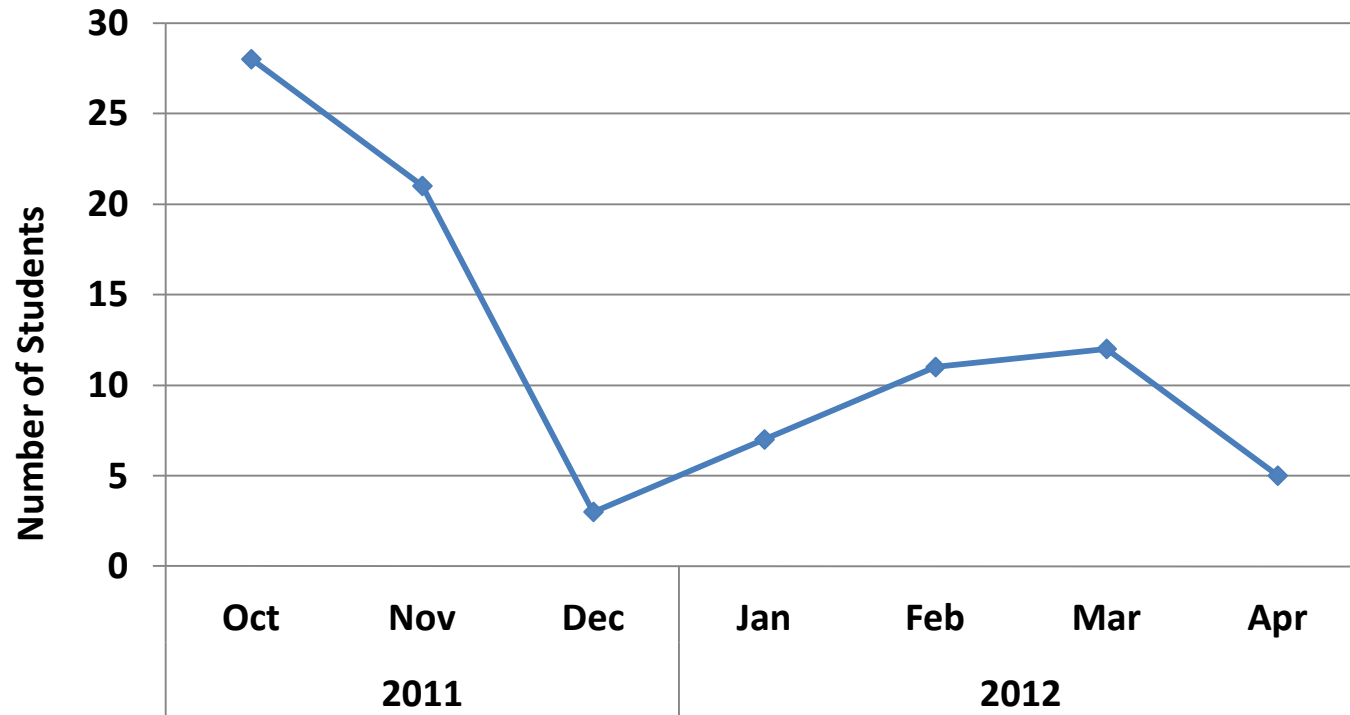
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Assessment

When did students attend coaching?



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Challenges & Successes

- Program coordination
- Operations
- Consistent tracking
- Assessing impact
- Integration of in-person and [online](#) support



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Questions?

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